

## SCHOOL NURSE SAMPLE LETTER

School name:

Date:

Dear School Nurse,

My child, \_\_\_\_\_, has been diagnosed with a rare and potentially life-threatening genetic disease called Hereditary Angioedema (HAE).

HAE symptoms include episodes of swelling (edema) in body parts, including the hands, feet, face, and throat. In addition, abdominal swelling can be accompanied by nausea and vomiting, and excruciating pain. Airway swelling is particularly dangerous and can lead to death by suffocation. HAE related swelling is not caused by an allergic reaction and, therefore, does not respond to antihistamines or corticosteroids. HAE attacks often occur spontaneously and can be triggered by many things – including stress, minor trauma, a cold, or flu.

It is important to call 911 immediately if my child reports any signs of swelling in the face, mouth, or throat. This requires emergency medical treatment to ensure that my child's airway is not compromised. In this situation, please also contact me as soon as possible.

Detailed information about HAE can be found at [www.haea.org](http://www.haea.org).

My child, \_\_\_\_\_, may recognize signs of HAE swelling and they may need to be excused from school. \_\_\_\_\_ is currently under the care of Dr. \_\_\_\_\_ who can be reached during office hours at \_\_\_\_\_. Attached is the current treatment plan for \_\_\_\_\_ that their doctor has developed. My child is treated with \_\_\_\_\_ for their HAE attacks. Please call me at \_\_\_\_\_ if you have any questions.

Signed \_\_\_\_\_ Relationship to Student \_\_\_\_\_

Attachments:

Prescribing physicians treatment letter

Medication informational brochure

HAE informational flyer