



YOUR GUIDE TO SEMAGLUTIDE

Clinically Proven Support
for Long-Term, Sustainable
Weight Loss



- 01** What Is Semaglutide?
- 02** Why Choose Semaglutide?
- 03** Dosing & Schedule
- 04** What to Expect
- 05** Frequently Asked Questions
- 06** How to Get Started

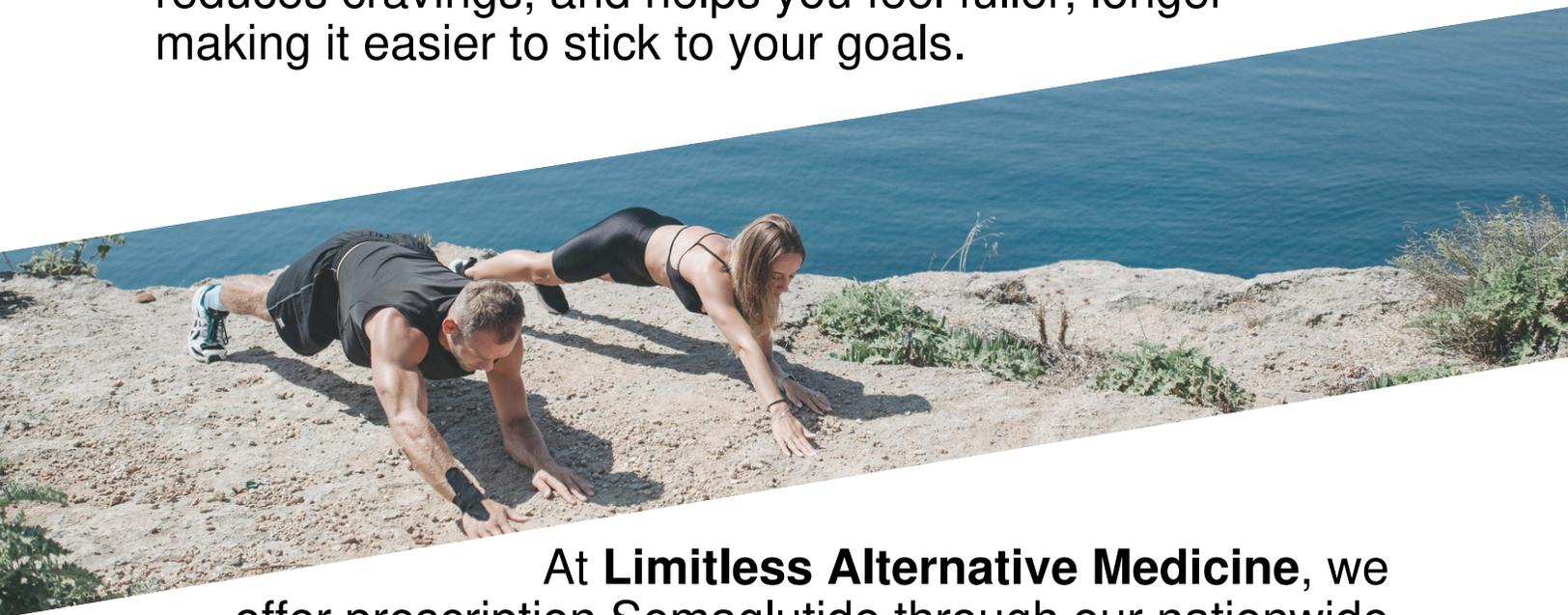
CONTENTS



01 WHAT IS SEMAGLUTIDE?

Semaglutide is a prescription medication originally developed to help manage blood sugar in people with type 2 diabetes. But it quickly gained popularity for something more—helping people lose weight safely and effectively.

This once-weekly injectable works by mimicking a natural hormone (GLP-1) that targets areas of the brain involved in appetite and digestion. It slows stomach emptying, reduces cravings, and helps you feel fuller, longer—making it easier to stick to your goals.



At **Limitless Alternative Medicine**, we offer prescription Semaglutide through our nationwide telemedicine clinic. No in-person appointments or labs needed. Just expert-guided support and direct delivery to your door.

Learn more and next steps →



02

WHY USE IT?

Semaglutide offers a prescription-based solution for individuals looking to lose weight and keep it off without extreme restriction or stimulants. It works with your biology to support appetite control, fat loss, and long-term change.

Here's why more people are turning to Semaglutide:

Reduces hunger and cravings

Supports steady, sustainable fat loss

Improves insulin and blood sugar response

Weekly dosing — no daily pills

No labs or office visits required



Learn more and next steps →



03

DOSING & SCHEDULE

Semaglutide is taken once weekly as a small subcutaneous injection. Your dose gradually increases over time to support results while minimizing side effects.

Most patients follow this progression:

Weeks 1–4 — 0.25 mg once weekly

Weeks 5–8 — 0.5 mg once weekly

Beyond 8 Weeks — May increase to 1–2 mg weekly as prescribed

This slow build helps your body adjust, improves long-term tolerance, and keeps progress consistent. Everything is guided by Limitless providers — and shipped straight to you.

Learn more and next steps →



04

WHAT TO EXPECT

Phase

01

Weeks 1-4

- Reduced appetite & smaller portions
- Fewer cravings throughout the day
- Early weight drop (mostly water weight)

Phase

02

Weeks 4-8

- Noticeable fat loss and slimmer waistline
- More energy, improved focus
- Better control over eating habits

Phase

03

Beyond 8 Weeks

- Steady weight loss continues
- Increased confidence and motivation
- Better metabolic health and long-term habits

Most patients start noticing changes within the first few weeks and see significant improvements over time.

Learn more and next steps →



05

FAQS

Q: Do I need to follow a specific diet?

A: No strict diet is required, but healthy eating helps. Most patients naturally eat less once on Semaglutide.

Q: Do I need lab work to get started?

A: No labs or bloodwork required. Just fill out a short health form after purchase and you're good to go.

Q: Is this safe for long-term use?

A: Yes — Semaglutide is great for chronic weight management and well-tolerated by most patients.

Q: Do I need to work out while using it?

A: You don't have to, but it helps. Even light activity can speed up results and improve your metabolism.

Q: Is this the same as a weight loss shot?

A: Yes — Semaglutide is the active ingredient in popular injectable weight loss medications. The version you get from Limitless is compounded and prescribed through a licensed provider.

Learn more and next steps →



06

GETTING STARTED

Step 1

Visit limitlessaltmed.com and purchase your Semaglutide package.

Step 2

Complete a short set of e-forms from your confirmation email. This allows our providers to review your information and customize your treatment.

Step 3

Once approved, your prescription is shipped directly to your door.

Your treatment is prescribed by licensed providers and supported through an expert telemedicine platform — built for simplicity and speed.

LAM serves all U.S. states except Alaska, Hawaii, and Nevada.



Learn more and next steps →



READY TO START YOUR WEIGHT LOSS JOURNEY?

Semaglutide isn't just another quick fix. It's a proven path to long-term results — backed by science and trusted by thousands. Limitless Alternative Medicine makes it simple, affordable, and accessible from the comfort of your home.

Take Control Today



Visit limitlessaltmed.com

Limitless Alternative Medicine
Personalized weight loss support.
Fast. Simple. Delivered.