



# SEMAGLUTIDE VS TIRZEPATIDE

Prescription Weight Loss  
Options Compared



- 01** What Are They?
- 02** Key Comparison
- 03** Dosing & Schedule
- 04** What to Expect
- 05** Safety & Considerations
- 06** Frequently Asked Questions
- 07** How to Get Started

# CONTENTS



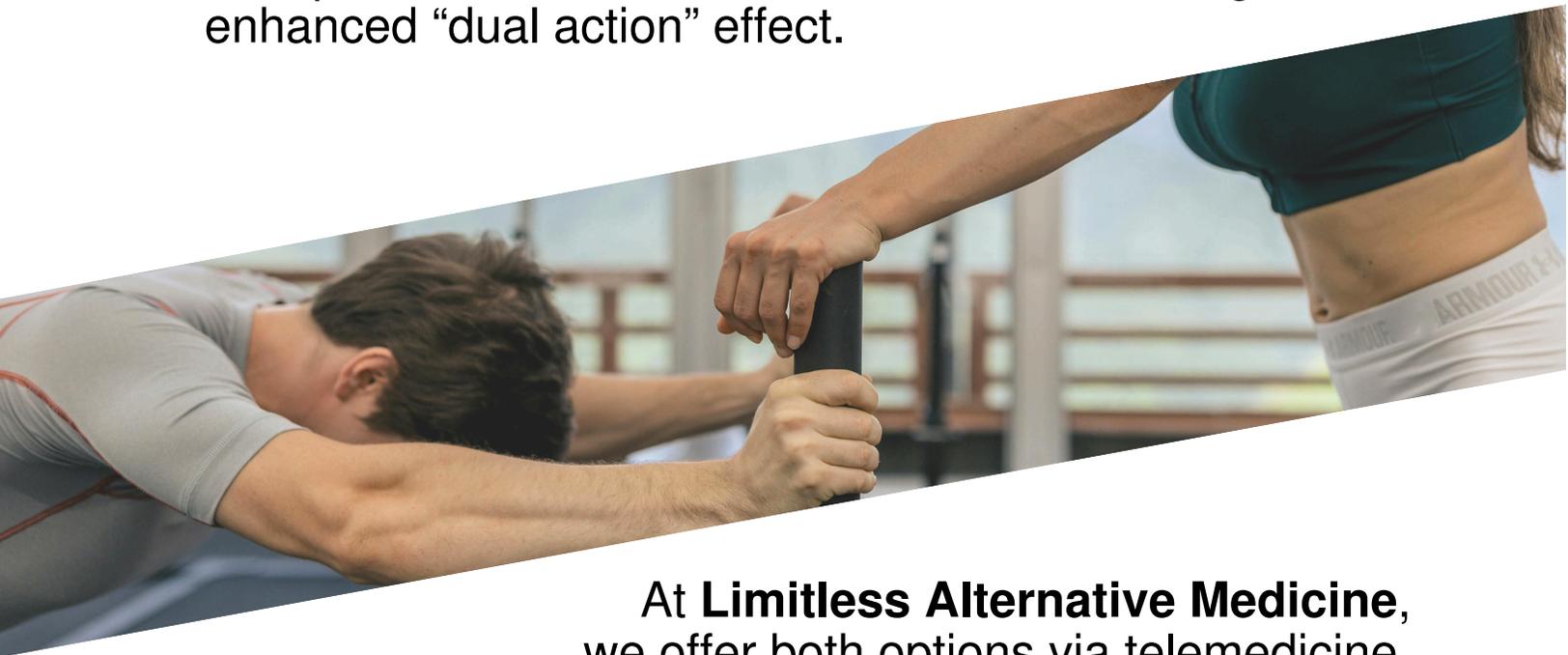
# 01

# WHAT ARE THEY?

Semaglutide and Tirzepatide are weekly injectable medications originally developed to treat type 2 diabetes and for overall weight management.

Both help reduce appetite, control blood sugar, and support long-term fat loss. While they work similarly, they aren't the same.

- Semaglutide mimics GLP-1, a hormone that regulates appetite and digestion.
- Tirzepatide mimics both GLP-1 and GIP, offering an enhanced “dual action” effect.



At **Limitless Alternative Medicine**, we offer both options via telemedicine. No office visits or lab work required.

Learn more and next steps →



# 02 COMPARISON



## Semaglutide

**GLP-1 only**

Slows digestion & reduces cravings

Steady, gradual fat loss

Starting at 0.25 mg/week

Up to 1-2 mg/week

Well-established, widely prescribed

Lower cost



## Tirzepatide

**Dual-action: GLP-1 + GIP**

Stronger appetite suppression

May lead to faster fat loss for some patients

Starting at 2.5 mg/week

Up to 15mg/week

Newer option with strong early clinical results

Slightly higher cost

Both are clinically supported, prescription-based, and delivered through Limitless Alternative Medicine.

Learn more and next steps →



# 03

# DOSING & SCHEDULE

Both medications are injected once per week. Dosages are increased gradually to support better results and fewer side effects.

## Semaglutide:

- Weeks 1–4: 0.25 mg weekly
- Weeks 5–8: 0.5 mg weekly
- Beyond: May increase up to 2.0 mg

## Tirzepatide:

- Weeks 1–4: 2.5 mg weekly
- Weeks 5–8: 5.0 mg weekly
- Beyond: May increase up to 15 mg

We'll guide you step-by-step with personalized support throughout your plan.

Learn more and next steps →



# 04

# WHAT TO EXPECT

Both medications support steady weight loss, not just a short-term drop. Here's what most patients can expect:

Phase

## 01

### Weeks 1-4

- Smaller portions feel satisfying
- Cravings begin to fade
- Appetite noticeably reduced

Phase

## 02

### Weeks 4-8

- Fat loss becomes visible
- More energy and focus
- Better control over eating habits

Phase

## 03

### Beyond 8 Weeks

- Continued fat loss
- Improved body composition
- Lasting metabolic improvements

Consistency is key. Real change builds week by week.

Learn more and next steps →



# 05 SAFETY & CONSIDERATIONS

Both Semaglutide and Tirzepatide are generally well tolerated, but like any prescription medication, there are a few things you should know.

## Common Side Effects

- Mild nausea or digestive discomfort (most common in the first few weeks)
- Occasional fatigue, constipation, or dry mouth
- Usually temporary and decreases with dose adjustment

Most patients feel better after their first month. Starting at a low dose and slowly increasing helps minimize side effects.

## Who Should Not Use These Medications

- Individuals with a personal or family history of medullary thyroid cancer
- Anyone with multiple endocrine neoplasia syndrome type 2 (MEN2)
- People who have experienced pancreatitis

Not sure if it's right for you? Don't worry, your Limitless provider will review your intake and help determine the best fit.

Learn more and next steps →



**Q: Do I need lab work to get started?**

**A:** No labs or bloodwork are required. After checkout, you'll receive a simple digital intake form to complete. Once reviewed and approved by a licensed provider, your prescription ships straight to your door.

**Q: How are they different?**

**A:** Semaglutide mimics one hormone (GLP-1), while Tirzepatide mimics two (GLP-1 and GIP). That dual action may provide stronger appetite control and faster results for some individuals — but both are safe, effective, and great for weight management.

**Q: Can I switch between them?**

**A:** Yes. Many patients start with Semaglutide and later transition to Tirzepatide if they hit a plateau or want to try a more advanced option. Your Limitless provider can guide that decision based on your progress and goals.

**Q: Will I gain weight back if I stop?**

**A:** Weight regain is possible with any medication if habits haven't changed. That's why we focus on sustainable, long-term progress — helping you build real lifestyle habits that stick, with or without continued use.

# 07

# GETTING STARTED

## Step 1

Visit [limitlessaltmed.com](https://limitlessaltmed.com) and purchase your weight loss package.

## Step 2

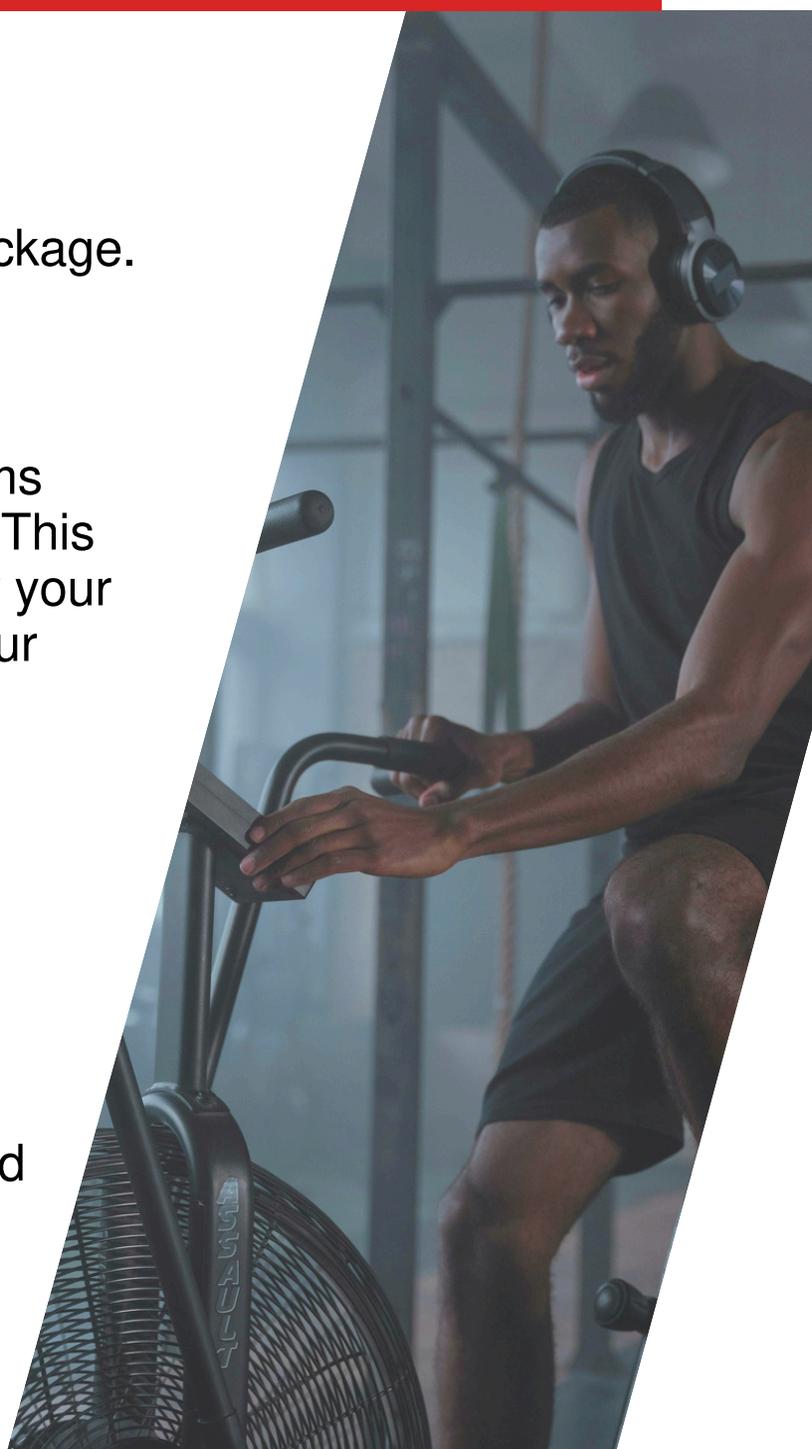
Complete a short set of e-forms from your confirmation email. This allows our providers to review your information and customize your treatment.

## Step 3

Once approved, your prescription ships directly to your door.

Your treatment is prescribed by licensed providers and supported through an expert telemedicine platform built for simplicity and speed.

\*LAM serves all U.S. states except Alaska, Hawaii, and Nevada.\*



Learn more and next steps →



# READY FOR A SMARTER WAY TO LOSE WEIGHT?

Semaglutide and Tirzepatide are science-backed treatments designed to work with your body — not against it. Start your plan today and get real results, delivered straight to your door.

## Order Your Weight Loss Package



Visit [limitlessaltmed.com](https://limitlessaltmed.com)

**Limitless Alternative Medicine**  
Personalized hormone support.  
Fast. Simple. Delivered.