



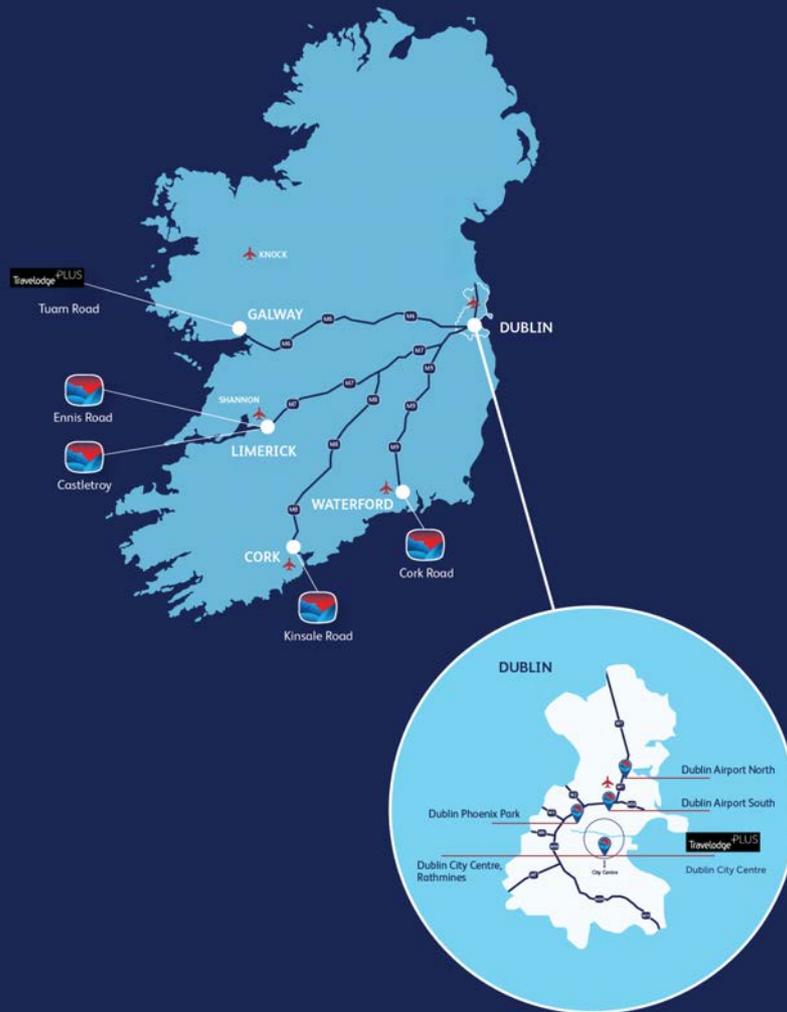
Travelodge

[travelodge.ie](http://travelodge.ie)



**A WARM WELCOME TO TRAVELODGE  
LIMERICK CASTLETROY**

# DISCOVER ALL TRAVELODGE IRELAND LOCATIONS



Hotel Locations: Dublin City Centre | Dublin City Centre, Rathmines |  
Dublin Airport South | Dublin Phoenix Park | Dublin Airport North 'Swords' |  
Cork Airport | Waterford | Limerick Castletroy | Limerick Ennis Road | Galway City |



travelodge.ie

# A WARM WELCOME FROM THE GENERAL MANAGER

Dear Guest,

A warm céad míle fáilte to Travelodge Limerick Castletroy! We're absolutely delighted to have you here in the beautiful city of Limerick.

If you have any questions or need assistance, our dedicated team is always ready to assist you.

Take full advantage of your time in Limerick, exploring its rich history, cultural heritage, and vibrant atmosphere.

Whether you're here for business or leisure, we're here to ensure your stay is as memorable as a day by the River Shannon.

Looking forward to making your visit to Limerick truly special!  
Warmest regards,

Fearghal O'Sullivan  
General Manager

---

[limerickcastletroy@travelodge.ie](mailto:limerickcastletroy@travelodge.ie)  
(061) 603 500

# HOTEL SERVICES



## RECEPTION:

Dial 0 for reception



## ADVANCE RESERVATIONS:

Reservations for future stays at any of our hotels can be made online at [travelodge.ie](http://travelodge.ie) or by emailing [centralreservations@travelodge.ie](mailto:centralreservations@travelodge.ie)



## FREE WI-FI:

Wi-Fi is available in all hotel rooms & public areas. Access Travelodge Guest free network.



## CHECK-OUT:

Check-out time is 12noon. A late check-out time of 2pm can be arranged subject to availability and subject to a surcharge.



## PARKING:

Free parking available onsite and underground.



## TRAVEL COTS - IRONS - HAIRDRYERS:



A limited number are available: please contact a member of the reception team for further information.



## COLLEGES

Ideally located to all Limerick universities including UL, LIT & Maryl.



## SMOKING:

All Travelodge rooms are non-smoking and violation of this policy will incur a fine. Please use the designated smoking area.



## TAXIS & PUBLIC TRANSPORT:

Please contact a member of the reception team who will provide you with all the relevant information required.



## LOCAL AMENITIES:

Please contact a member of the reception team who will provide you with information relating to tourist attractions, points of interest, guided tours, shopping and entertainment.

## LOCAL AMENITIES



The most conveniently located ATM is a 2 minute walk from the hotel, located at the Maxol petrol station. The bank closest to the hotel is Permanent TSB in university court.



We are less than a 10 minute walk from the Parkway Shopping Centre where you will find a vast array of shops to choose from. They include Dunne's Stores, Easons, Lloyds Pharmacy, Bourne Clothing, O'Brien's and many more. Just across the road you will find TK Max and Smiths Toys.



Shannon Airport is 25 minute drive away.



Foodies are spoilt for choice with a variety of restaurants, bistros and cafés in Limerick. From hearty pub grub to home-grown Irish cooking and lively ethnic food, there is an abundance of places to eat! Whether it's a Guinness, a Cosmopolitan or a cold beer, you'll find plenty of stylish bars and cosy pubs in Limerick to suit your tastes. For lively nights out, a few quiet pints, a trad session or a bit of post-match banter, Limerick has it all.



There are dozens of tours around the city and many more leaving the city for day trips. There is a stand-in our reception which contains leaflets for some of the best attractions and tours the city has to offer. We would recommend King Johns Castle.

This is just a sample of what Limerick has to offer. For the best advice on what to do in Limerick, simply ask a member of our Reception Team!

## CORPORATE & GROUP DISCOUNT

- Preferential bedroom rates
- Flexible cancellation policy
- Dedicated account manager



[cathal.mcglinchey@travelodge.ie](mailto:cathal.mcglinchey@travelodge.ie) (Corporate)  
[Groups@travelodge.ie](mailto:Groups@travelodge.ie) (Groups)

# Sodalicious®

CELEBRATING SODA BREAD

Start your day with a scrumptious breakfast at Sodalicious!

Take your pick from a range of cereals, fluffy pancakes, crispy waffles, and classic Irish fry-up with vegetarian options too!



# ALL DAY MENU

## OATS

- PORRIDGE<sup>1,7</sup>** €6.50  
slow cooked porridge, fresh fruit & honey
- OVERNIGHT OATS<sup>1,7</sup>** €6.50  
Flahavan's Oats, low fat milk, vanilla, fruit compote and honey.
- GRANOLA<sup>1,7</sup>** €7.50  
golden baked oats, nuts, seeds, fresh fruit, natural yogurt & honey.
- BERRY BOWL<sup>7</sup>** €8.50  
blueberries, banana, frozen raspberries, low fat yogurt, crunchy flaxseed, chia seeds, fruit compote & honey.
- ADD A SCOOP OF FEMFUEZL** €2.00  
Protein powder

## PANCAKES / WAFFLES

*served with maple syrup or chocolate sauce*

- BUTTERMILK PANCAKES<sup>1,3,7,12</sup>** €11.50  
stack of 3 buttermilk pancakes with fresh fruit or bacon.
- STACK OF 5** €13.50
- PORTION OF FRUIT** €3.00
- PORTION OF BACON<sup>12</sup>** €3.00
- BELGIAN WAFFLES<sup>1,3,7,12</sup>** €13.50  
Served with fruit or bacon & whipped cream.

## BACON & EGGS

- BREAKFAST BUTTY<sup>1,3,7,12</sup>** €9.00  
crispy bacon, fried egg, sausage, toasted bap, butty sauce.
- GUACAMOLE GLORY<sup>1,3,7</sup>** €10.00  
two poached eggs, crushed avocados, toast.
- PORTION OF BACON<sup>12</sup>** €3.00
- JOCKEY'S BREAKFAST<sup>1,3,7,12</sup>** €15.50  
three rashers, three poached eggs, guacamole, salsa, toast.
- BIG FRY<sup>1,3,7,12</sup>** €13.50  
two rashers, two sausages, two eggs, grilled tomatoes, toast.
- BREAKFAST BEET<sup>1,3,7</sup>** €13.50  
two poached eggs, wilted spinach, beetroot hummus, feta, chipotle chilli, toast.
- GRILLED BREAKFAST SANDWICH<sup>1,7,12</sup>** €9.00  
two rashers, one sausage, house relish.

## COLD SANDWICHES

- ROAST CHICKEN<sup>1,7</sup>** €9.50  
roast chicken, mixed leaves, baked cherry tomatoes, grated parmesan, garlic mayo.
- PLOUGHMAN'S<sup>1,3,7</sup>** €9.50  
baked ham, mixed leaves, cheddar, beef tomatoes, house relish, mayo.
- B.L.T.<sup>1,3,7,12</sup>** €9.50  
crispy bacon, beef tomatoes, cos lettuce, mayo.

## SIDES

- CUP OF SOUP** €3.00
- ROAST CHICKEN** €3.00
- HUMMUS** €2.00
- SALSA** €2.00
- GUACAMOLE** €3.00
- HARDBOILED EGG** €1.50
- CRISPS** €1.75

## GRILLED SANDWICHES

- GET STUFFED<sup>1,3,7,12</sup>** €10.50  
roast chicken, crispy bacon, fresh herb stuffing, Cooleeney Brie, onion jam on side.
- PASTRAMI<sup>1,7,10</sup>** €12.50  
Horgan's award winning pastrami, Graham's mustard, sauteed onions, Irish mozzarella, cucumber pickle on side.
- TUNA MELT<sup>1,3,4,7</sup>** €9.50  
tuna, cheddar, red onion, mayo, onion jam on side.
- CAPRESE<sup>1,7</sup>** €9.50  
beef tomatoes, Macrooom buffalo mozzarella, pesto, fresh basil.
- ULTIMATE CHEESE TOASTIE<sup>1,7</sup>** €9.50  
Cooleeney Brie, Casehl Blue, Gubbeen Cheese, onion jam on side.
- HAM & CHEESE**
- OR CHORIZO & CHEESE FOCCACIA<sup>1,7</sup>** €7.50
- ADD SIDE SALAD** €3.00
- MIC'S MIGHTY MEATY<sup>1,3,7,12</sup>** €10.50  
Gubbeen salami and chorizo, beef tomato, red onion, cooleeney brie, mayonnaise, chipotle chilli, side of Mic's sweet chilli sauce.

## SALADS

- CAESAR SALAD<sup>1,3,4,7</sup>** €10.50  
cos lettuce, cucumber, cherry tomatoes, croutons, grated parmesan, tossed in our house Caesar dressing.
- ADD CHICKEN** €3.00
- GREEN GODDESS<sup>4,7,10,11</sup>** €14.50  
mixed leaves, baby spinach, Macrooom Buffalo mozzarella, sesame roasted tofu, cucumber, avocado, hummus, microgreens, house dressing, toasted sunflower seeds, tahini dressing.
- BEETROOT BLISS<sup>8,10</sup>** €10.50  
baby spinach, beetroot, beetroot hummus, feta, candied walnuts, house dressing.
- NICOISE<sup>3,4,10</sup>** €11.50  
mixed leaves, tuna, hardboiled egg, fresh cucumber, cherry tomatoes, olives, house dressing.
- VEGAN DETOX BOWL<sup>8,10,11</sup>** €14.50  
mixed leaves, baby spinach, fresh cucumber, salsa, avocado, guacamole, cherry tomatoes, beetroot, microgreens, toasted almonds, tahini dressing, wedge of lime.

## SHARING PLATTERS

- SMOKED SALMON<sup>1,4,7,10</sup>** €18.50  
Ballycotton smoked salmon, cucumber pickle, lemon and chive cream cheese, side salad, soda bread.
- TOMATO & MOZZARELLA<sup>1,7</sup>** €12.50  
Beef tomatoes, Macrooom buffalo mozzarella, Lilliput Trading Co. Extra Virgin Olive Oil, Burren Balsamics Vinegar, soda bread.
- DELI MEAT & CHEESE PLATTER<sup>1,7,12</sup>** €16.50  
Gubbeen salami and chorizo, Cooleeney and Cashel Blue cheese, cucumber pickle, house relish, soda bread.
- BREADS, DIPS & OLIVES<sup>1,7</sup>** €10.00  
Selection of soda breads, hummus, olive oil, olives.
- SOUP<sup>1,7,9</sup>** €7.50  
Served with your choice of soda bread.

*Sodalicious.*

CELEBRATING SODA BREAD

## ALLERGENS

1-GLUTEN | 2-CRUSTACEANS | 3-EGGS | 4-FISH | 5-PEANUTS | 6-SOYBEANS  
7-MILK | 8-NUTS | 9-CELERY | 10-MUSTARD | 11-SESAME | 12-SULPHUR DIOXIDE | 13-LUPINI | 14-MOLLUSCS

## LOCAL ATTRACTIONS



Thomond Park



Bunratty Castle



Milk Market



International Rugby Experience

Visit [limerick.ie/#doormats](https://limerick.ie/#doormats) for some more  
limerick recommendations

Travelodge PLUS  
Dublin city centre

MOSSCO  
bar | kitchen | terrace



MODERN AND STYLISH BAR



HEATED OUTDOOR  
TERRACE

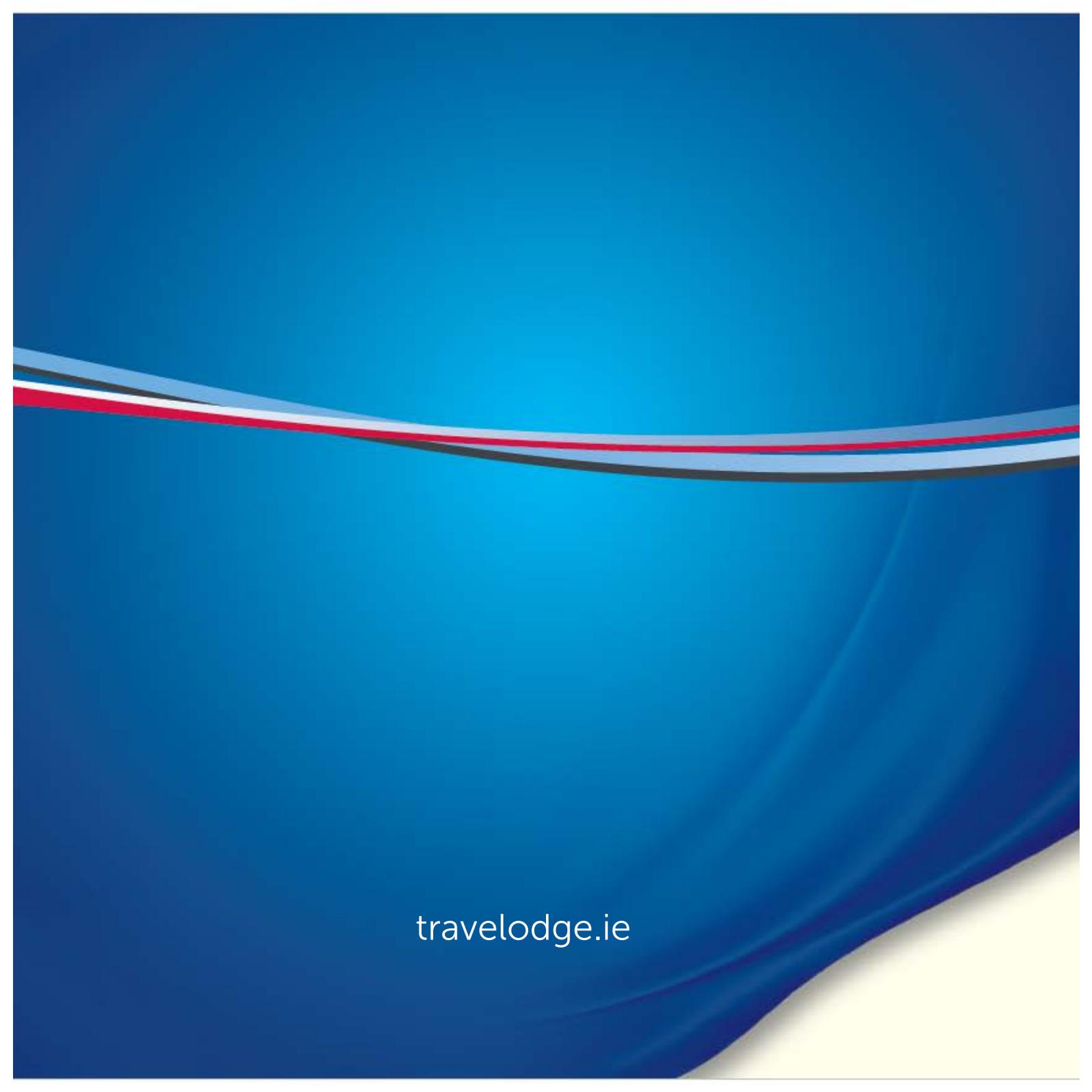


CONTEMPORARY  
RESTAURANT



THE PERFECT CHOICE WITH ADDED COMFORT

NOW OPEN IN THE HEART OF DUBLIN CITY.  
PLAN YOUR NEXT GETAWAY TO DUBLIN AND WAKE UP IN STYLE  
[travelodge.ie](http://travelodge.ie) | [mossco.ie](http://mossco.ie) | [tlplus.reservations@travelodge.ie](mailto:tlplus.reservations@travelodge.ie) | (01) 525 9500



[travelodge.ie](http://travelodge.ie)